

## STARTERS

<b>Vitale Trio</b>	13
Organic Crushed Avocado / Tzatziki Dip / Hummus Grilled Pita Chips / Freshly Baked Lavash	
<b>Organic Chicken Lettuce Wraps</b>	16
Butter Lettuce / Carrots / Mint / Shiitake Mushrooms Sweet Chili & Tamarind Sauce	
<b>Ahi Tuna Tacos</b>	21
Tuna Tartare / Crispy Wonton / Mango Salad Ginger Ponzu Sauce / Edamame / Wasabi Crema	
<b>The Perfect Parfait</b>	14
Berries / Kiwi / Acai / Organic Greek Yogurt Toasted Coconut Granola	

## SALADS

<b>Caesar</b>	14
Hearts of Romaine / Roasted Garlic Crouton Low-Fat Caesar Dressing Grilled Chicken 8 / Shrimp 10 / Ahi Tuna 12	
<b>Seared Tuna Nicoise</b>	23
Herb-Roasted Potatoes / Haricots Vert / Kalamata WCF Heirloom Tomatoes / Hard-Boiled Egg Aged Jerez Vinaigrette	
<b>Vitale Blue Crab</b>	24
Locally Grown Mixed Greens / Avocado / Blue Crab Sunflower Seeds / Fresh Hearts of Palm Herbed Cheese / Champagne Vinaigrette	

## SANDWICHES

*All Sandwiches served with Fruit, Mixed Greens Salad, Caesar Salad or Quinoa Salad. Gluten-Free Bread available upon request*

<b>The "Indulgence" Burger*</b>	20
Whole Wheat Bun / Fresh Mozzarella / Arugula Roasted Tomatoes / Dijon Aioli	
<b>Mediterranean Falafel Wrap</b>	18
Grilled Lavash / Chickpea Fritters / Tzatziki Hummus / Roma Tomato / Romaine Cucumber / Pickled Onion / Cilantro & WCF Mint	
<b>Organic Chicken Press</b>	19
Nine-Grain Baguette / Caramelized Onions Crushed Avocado / Provolone / Roasted Tomato Arugula / Rosemary-Lemon Aioli	

## BENTO BOX 29

### Floridian

Local Citrus-Marinated Chicken Breast / Herbed Quinoa Salad  
Spiced Three-Bean Salad / Choice of Dessert

### Mediterranean

Whisper Creek Herb-Grilled Prawns / Roasted Vegetable  
Greek Salad / Spinach & Kale Salad / Choice of Dessert

### Asian

Chia Crusted Ahi Tuna / Chilled Soba Noodle Salad  
Sesame, Tomato & Cucumber Salad / Choice of Dessert

## DESSERTS 5

### Passion Fruit Panna Cotta

### Marinated Fresh Fruit with Seasonal Sorbet

### Sunflower Seed Oatmeal Cookie

## SMOOTHIES

<b>PB Power</b>	9
Peanut Butter / Banana / Honey / Vanilla / Yogurt	
<b>Tropical Twist</b>	9
Mango / Papaya / Passion Fruit / Banana Orange Juice / Yogurt	
<b>Mighty Green</b>	9
Apple / Honeydew / Spinach / Wheatgrass Avocado / Mint	
<b>Signature Super Fruit</b>	9
Blueberries / Raspberries / Strawberries Goji Berry / Acai Berry	
<b>Smoothie Additives</b>	3
Soy Protein / Whey Protein	

## COCKTAILS

<b>Le Grande Fizz</b>	16
Grey Goose Vodka / St. Germain Elderflower Liqueur Fresh Lime Juice / Topped with Club Soda	
<b>The Punch</b>	17
Bacardi Coconut Rum / Pineapple & Mango Juice Topped with Myers's Rum	
<b>Passion Fruit Margarita</b>	16
Cazadores Blanco Tequila / Triple Sec Passion Fruit Purée / Fresh Lime Juice	
<b>Berry Red Sangria</b>	15
Red Wine / Triple Sec / Ginger Ale Seasonal Fresh Fruit	
<b>Perfect Mary</b>	16
Grey Goose Vodka / V8 Tomato Juice / Black Pepper Worcestershire / Horseradish / Tabasco	
<b>Mojito Royale</b>	17
Bacardi Superior Rum / Prosecco / Fresh Blueberries Fresh Mint / Lime / Topped with Club Soda	
<b>Pear Spritz</b>	15
Prosecco / Topped with Pear Liqueur	

## CANNED BEER

<b>Domestic</b>	7
Bud Light / Coors Light / Michelob Ultra / Miller Lite	
<b>Import</b>	8
Corona Extra / Corona Light / Heineken / Heineken Light	

## BUBBLES & WINE

	6oz/9oz	Bottle
Zardetto Private Cuvée Prosecco	13/19	59
Roederer Estate Sparkling Wine	15/22	60
Laurent-Perrier Brut Champagne	20/28	95
Gorgo Pinot Grigio	13/19	49
Moko Black Sauvignon Blanc	15/22	60
Girasole Chardonnay	13/19	59
Floriography Rosé	14/21	65
LOLA North Coast Pinot Noir	13/19	59
Noble Tree Cabernet Sauvignon	17/22	69

*20 percent gratuity will be added to parties of six or more*

*\*Consuming raw or undercooked meat, seafood, poultry, shellfish or eggs increases the consumer's risk of foodborne illness*